

Polo Loco



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30 x 30 inches

You will need for this wall hanging;

4 – 10.5 inch base blocks

36 – 2.5 inch squares for four patches

24 – 2.5 x 10.5 inch strips for lattices

4 – 30 inch strips for borders

Assorted fat quarters for Hen parts

1 yard fusible of your choice

Hello friend! This is a fast project using fusible applique. It can easily be adapted to hand applique by adding seam allowances onto each patch as you cut them out.

Are you ready to begin? Start by picking out fabric that calls to you. The key to finishing a project is to make sure you enjoy it ☺

Step 1) Trace all the patches onto your fusible. You will need four of each patch and eight of the feet. Make each body part a different fabric. Iron the patches onto the wrong side of your fabric, and then cut them out.

Step 2) Cut out and sew together 18 medium and 18 dark 2.5 squares. Use these to make the four patch blocks. You will end up with nine 4.5 squares. Square them up and set them aside for now.

Step 3) Cut out and sew together 12 medium and 12 dark 2.5 x 10.5 strips. Sewing one medium to one dark you will be making 12 lattice strips 10.5 x 4.5.

Step 4) Cut out 4 base blocks for your applique, these will measure 10.5 inches

Step 5) Using the picture as a guide arrange your Hens onto the base blocks, then iron securely down. Machine applique with a zig zag or button hole stitch, making sure to catch all the raw edges.

Step 6) Looking at the picture as a guide, sew three lattice strips and two blocks together to make a row. Make two rows. Press your seams to the inside.

Step 7) Sew 3 four patch blocks and 2 lattice strips together to make the connecting lattice row. You will be making three of these. Press your seams to the darker of the fabrics.

Step 8) Hey! Your cooking right along ☺ being careful to line up your seams, sew the lattice rows and the block rows together. Again you will be ironing to the darker fabric.

Step 9) Cut out the borders and sew them on.

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Sindy Rodenmayer

1341 Kynn Drive

Garland Texas, 75041

s_rodenmayer@yahoo.com



